

Talking About Self-Harm: Listen, Plan, Act, Feedback

A workshop for teachers & frontline school staff

About this course

- This half-day training aims to support front line staff in schools to better understand self-harm, to develop the skills and confidence to have helpful conversations with young people about self harm, and to plan what to do next in a safe, simple and effective way.
- The training is based on evidence-based research and from research with young people with experience of self-harm.
- It is co-produced and delivered by Dr Duncan Law and Kate Martin and young people with personal and professional experience of self-harm.

The course will cover

- What is self-harm? Common myths and assumptions
- Self-harm as a signal: Understanding the story behind self-harm
- Thinking about risk: When to act, how to act
- Putting it into practice: Listen, plan, act, feedback
- Talking about self-harm – having effective conversations with young people
- Effective actions around self-harm

Who is this course suitable for?

The course is designed for teachers and frontline staff in schools.

Aims of the course?

The aims of the course are to enable participants to:

- Develop a better understanding of what self-harm is
- Understand young people's views and experiences of self-harm in schools
- Develop practical skills to have helpful conversations with young people about self-harm
- Feel confident to have conversations with young people and plan what to do next in a safe, simple and effective way

For booking information
please see contact details on email that this flyer accompanied

For other enquiries about this workshop please contact Duncan Law at:

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