

## Support for children

### CRUSE Bereavement Care

This voluntary organisation has a specialist team providing support to children and young people.

**Cambridge branch: (Cambridge, East Cambs, Fenland)**

- Email: [cambridge@cruse.org.uk](mailto:cambridge@cruse.org.uk)
- Tel: 01223 633536
- Website: [cruse.org.uk/Cambridge](http://cruse.org.uk/Cambridge)

**Huntingdon branch:**

- Email: [huntingdon@cruse.org.uk](mailto:huntingdon@cruse.org.uk)
- Tel: 01480 414511
- Website: [www.crusehuntingdon.org.uk](http://www.crusehuntingdon.org.uk)

**Peterborough branch:**

- Email: [peterborough@cruse.org.uk](mailto:peterborough@cruse.org.uk)
- Tel: 01733 348 439
- National email: [info@rd4u.org.uk](mailto:info@rd4u.org.uk)
- National helpline: 0808 808 1677 (M-F 9.30-17.00)
- National website: [www.rd4u.org.uk](http://www.rd4u.org.uk)

### Charlie Chimp Club, Thorpe Hall Hospice

For children aged 7 to 13 in the Peterborough area.

- Email: [healthandsocialcare@sueryder.org](mailto:healthandsocialcare@sueryder.org)
- Tel: 01733 330060

### Stars Children's Bereavement Support Service

For children and young people up to age 18.

- Email: [info@talktostars.org.uk](mailto:info@talktostars.org.uk)
- Tel: 01223 863511
- Website: [www.talktostars.co.uk](http://www.talktostars.co.uk)

### Cogwheel Trust for Children

Provides low cost counselling in Cambridgeshire, for children and young people.

- Email: [admin@cogwheel.org.uk](mailto:admin@cogwheel.org.uk)
- Tel: 01223 464385
- Website: [www.cogwheel.org.uk](http://www.cogwheel.org.uk)

### Centre 33

Provides free counselling to young people aged 13 to 26 years.

- Email: [help@centre33.org.uk](mailto:help@centre33.org.uk)
- Tel: 01223 316488
- Website: [www.centre33.org.uk](http://www.centre33.org.uk)

## Child Bereavement UK

Supports families and educates professionals when a baby or child of any age dies or is dying, or when a child is facing bereavement.

- Email: [support@childbereavementuk.org](mailto:support@childbereavementuk.org)
- Tel: 01494 568900
- Website: [www.childbereavementuk.org](http://www.childbereavementuk.org)
- National support & information line: 0800 02 888 40

## Compassionate Friends

A charitable organisation of bereaved parents, siblings and grandparents who support other bereaved parents, siblings, and grandparents who have suffered the death of a child.

- Email: [helpline@tcf.org.uk](mailto:helpline@tcf.org.uk)
- Tel: 0845 1232304
- Website: [www.tcf.org.uk](http://www.tcf.org.uk)

## Other information and advice

Healthwatch offer a signposting service for health and social care services across the area. If you are unsure who to speak to you can contact them for advice.

- Cambridge tel: 01480 420628
- Peterborough tel: 08451 202064

## Updating this information

Bereavement care services are developing across Cambridgeshire and Peterborough. If you have information about new services, or if information in this leaflet needs updating, please email [capccg.communications@nhs.net](mailto:capccg.communications@nhs.net) or call 01223 725317.

This leaflet was produced through Cambridgeshire and Peterborough Clinical Commissioning Group's End of Life Care Programme.



## Bereavement Support in Cambridgeshire and Peterborough



This leaflet lists the main services across the Cambridgeshire and Peterborough area, and national organisations, that offer support for people who have lost a loved one. If you feel you need support or advice, it may be helpful to first talk to your GP. They may be able to help you see a counsellor if this will be helpful. Faith communities can also be a source of support for many people.

## Hospital Bereavement Care Services

If a person died in hospital, support for the bereaved is offered by the hospital bereavement care services.

### Addenbrooke's Hospital's chaplaincy team:

- Derek Fraser
- Email: [chaplaincy@addenbrookes.nhs.uk](mailto:chaplaincy@addenbrookes.nhs.uk)
- Tel: 01223 217769

### Peterborough City Hospital chaplaincy team:

- Helen Fyall
- Email: [chaplaincy@pbh-tr.nhs.uk](mailto:chaplaincy@pbh-tr.nhs.uk)
- Tel: 01733 673115

### Hinchingsbrooke Hospital chaplaincy & bereavement care services team:

- Scott Watts, Jo Shaw and Sharon Wiltshire
- Email: [scott.watts@nhs.net](mailto:scott.watts@nhs.net)
- Tel: 01480 847474

### Papworth Hospital chaplaincy team:

- Gareth Rowlands
- Email: [gareth.rowlands@papworth.nhs.uk](mailto:gareth.rowlands@papworth.nhs.uk)
- Tel: 01480 364121

## **Queen Elizabeth Hospital, King's Lynn Macmillan Information & Support Service**

- Alexis Mack
- Email: miss@qehkl.nhs.uk
- Tel: 01553 613 985

## **Other healthcare services**

### **Thorpe Hall Hospice, Peterborough**

Offers individual bereavement support and runs the group Wayfinders, which offers an opportunity for those bereaved to socialise with others in an atmosphere of support.

- Peter Stell
- Email: peter.stell@suerydercare.org
- Tel: 01733 225900

### **Arthur Rank House Hospice, Cambridge**

Offers bereavement support to the families of patients who have received care from one of their services.

- Lesley Davies (Bereavement Coordinator),  
Keith Morrison (Chaplain)
- Email: lesley.davies@ccs.nhs.uk or  
keith.morrison@ccs.nhs.uk
- Tel: 01223 723110

### **St John's Hospice, Moggerhanger (near Bedford).**

Offers bereavement support to families and friends of those patients for whom this Hospice service has cared.

- Tel: 01767 642429 (direct line with answer  
phone)
- Jane Maxfield, Family Support & Bereavement  
Co-ordinator
- Email: jane.maxfield@sueryder.org
- Tel: 01767 642410

### **The Norfolk Hospice, Tapping House**

Offers support in bereavement to family members of patients who have received care from the service. This includes counselling, individual support and bereavement support groups.

- Louise Clark, Bereavement Co-ordinator,
- Tel: 01485 601700
- Website: www.norfolkhospice.org.uk

## **Macmillan and Hudson Palliative Care Centre, Wisbech**

Offers bereavement support to the families of patients who have received care from the service. They also run a support day three times a year for bereaved relatives.

- Michelle Knight, Specialist Nurse
- Email: michelle.knight@qehkl.nhs.uk
- Tel: 01945 488052

### **Cambridge University Counselling Service**

This free service is for enrolled students and staff of the University of Cambridge.

- Email: reception@counselling.cam.ac.uk
- Website: www.counselling.cam.ac.uk

## **Voluntary organisations**

### **CRUSE Bereavement Care**

A voluntary organisation which supports bereaved people with individual counselling and social groups.

#### **Cambridge branch: (Cambridge, East Cambs, Fenland)**

- Email: cambridge@cruse.org.uk
- Tel: 01223 633536
- Website: www.cruse.org.uk/Cambridge

#### **Huntingdon branch:**

- Email: huntingdon@cruse.org.uk
- Tel: 01480 414511
- Website: www.crusehuntingdon.org.uk

#### **Peterborough branch:**

- Email: peterborough@cruse.org.uk
- Tel: 01733 348 439

#### **National helpline: 0844 477 9400**

(Mon to Fri 09.30 to 17.00)

- National website: www.cruse.org.uk

### **Age UK**

Provides advice and information for older people through an advice line, publications and website.

- Tel: 0800 169 65 65
- Website: www.ageuk.org.uk

## **The Samaritans**

Provide confidential emotional support at all times of day and night.

- Email: jo@samaritans.org.uk
- Tel: 01733 312727 (Peterborough)
- Tel: 01223 364455 (Cambridge)
- Tel: 08457 909090 (National)

### **Cambridgeshire Consultancy in Counselling**

Provides an individual counselling service with a range of fees according to ability to pay.

- Tel: 01223 233047 (Cambridge)
- Tel: 01733 553166 (Peterborough)
- Website: www.cambridgeshirecounselling.org.uk

### **Cogwheel Trust for Counselling**

Provides low cost counselling in Cambridgeshire.

- Email: admin@cogwheel.org.uk
- Tel: 01223 464385
- Website: www.cogwheel.org.uk

### **The Compassionate Friends**

An organisation of bereaved parents, siblings and grandparents offering support and mutual understanding to others after the loss of a child, of any age, from any cause. Calls to the national telephone helpline are taken only by bereaved parents. The website includes a members' forum for electronic communication with others similarly bereaved.

- Email: helpline@tcf.org.uk
- Tel: 0845 123 2304 open every day 10.00-16.00  
and 19.00-22.00
- Website: www.tcf.org.uk

### **WAY Widowed and Young**

Provides a social and support network for widows and widowers up to age of 50.

- Email: enquiries@widowedandyoung.org.uk
- Website: www.widowedandyoung.org.uk

### **SANDS: Stillbirth and Neonatal Deaths Charity**

Support for anyone affected by the death of a baby.

- Email: helpline@uk-sands.org
- National helpline tel: 020 7436 5881